



Leadership Development Programs

Lead with Confidence: Foundations for Aspiring and New Leaders

Who should attend?

Aspiring and new leaders.

Why undertake this program?

Starting a leadership journey can feel both exciting and overwhelming. This program is designed to help aspiring and new leaders build strong foundations in the people side of leadership. Through interactive activities and discussion, participants learn how to navigate their new role, connect with their teams, and establish themselves as a trusted, approachable leader.

Recommended structure

3 x 3.5-hour blocks delivered virtually or in person.

Suggested learning outcomes

- Understand the core principles of people-smart leadership.
- Build confidence in leading conversations and setting expectations.
- Learn practical tools to foster collaboration and build trust.
- Develop skills to provide feedback and recognition that motivates others.
- Explore strategies for managing time and priorities effectively as a new leader.

Tailored solutions

Our outlines are a guide. We design every leadership solution to suit your organisation's unique culture and goals.



Leadership Development Programs

Leading with Influence and Emotional Intelligence

Who should attend?

Mid-level leaders with leadership experience.

Why undertake this program?

For leaders ready to take their impact to the next level, this program equips participants with advanced interpersonal skills to lead through influence, not authority. Focussed on emotional intelligence, building high-performing teams, and resolving conflicts, it helps leaders create a team culture where people feel valued and motivated to excel.

Recommended structure

4 x 3.5-hour blocks delivered virtually or in person.

Suggested learning outcomes

- Deepen emotional intelligence to understand and respond effectively to team dynamics.
- Cultivate a leadership style that inspires and influences positive change.
- Strengthen team cohesion and foster a psychologically safe environment.
- Address and navigate conflicts with confidence and empathy.
- Enhance skills for coaching and developing team members for growth and success.

Tailored solutions

Our outlines are a guide. We design every leadership solution to suit your organisation's unique culture and goals.



Leadership Development Programs

Strategic Leadership for Organisational Impact

Who should attend?

Senior leaders.

Why undertake this program?

Seasoned leaders face the challenge of balancing strategic goals with the human side of leadership. This program equips leaders with the skills to drive organisational success while championing a culture of connection, collaboration, trust, and innovation. Participants will learn to lead with vision, coach future leaders, and inspire their team to be a people-smart leader.

Recommended structure

5 x 3.5-hour blocks delivered virtually or in person.

Suggested learning outcomes

- Align people strategies with organisational goals.
- Develop skills to lead change and inspire a shared vision.
- Build succession plans and mentor emerging leaders for long-term stability.
- Enhance strategic decision-making while fostering team engagement.
- Lead with authenticity and integrity to build trust across all levels of the organisation.

Tailored solutions

Our outlines are a guide. We design every leadership solution to suit your organisation's unique culture and goals.



Leadership Development Programs

Why People-Smart

The human side of leadership

At People Smart, outstanding leadership starts with people and the transformative power of human connection.

Our mission is to empower leaders to create healthy and productive workplaces through exceptional people skills.

Our approach

At the heart of our approach lies a unique methodology that integrates proven strategies and models with practical tools. We ignite profound and lasting change by tapping into the leader's inner wisdom, revealing hidden strengths and opportunities to drive their growth.

We inspire and support leaders to tackle challenges such as:

- Leading teams courageously in a climate of change and uncertainty.
- Supporting mental wellbeing at work.
- Promoting inclusion across the generations in the workplace.

Why work with us

We know that leading people is both a privilege and a challenge. Our firsthand experience with team leadership allows us to understand these challenges deeply. We leverage our leadership expertise and facilitation skills to create memorable learning experiences that have a lasting impact.

Our team develops award-winning solutions that transform how individuals lead within their organisations. We are passionate about learning, leadership, and facilitation, bringing this enthusiasm to every program and service we deliver.

Practical outcomes. Real-world experience. Tailored solutions.

Empower your leaders to grow with People Smart.